

2012 NPC Vancouver USA Natural Bodybuilding & Physique Championships

Tanji Johnson Fitness, Figure & Bikini Classic

Skyview High School Auditorium – 1300 NW 139th St Vancouver WA

NATIONAL QUALIFIER: The Vancouver Natural is a National Qualifier. The top two Open Men in each weight class qualify for any NPC National Level contest. The Top 5 Figure winners in each class will qualify for the Junior USA and Team Universe. The Top 3 Figure winners in each class will qualify for all other national contests. Bodybuilding women and fitness athletes do not need to qualify to enter a national event. The only requirement is that they must have competed in an NPC event designated as a national qualifier. The top three in bikini, women's physique and men's physique will be qualified for the USA and Nationals. Top five will qualify for all other national contests including the Jr. USA, Jr. Nationals, Team Universe and North American Championships. Eligibility is good for 1 year with the exception of the Nationals and USA Championships (2 years). For more information on qualifications, see www.npcnewsonline.com.

ELIGIBILITY: Entrants must be NPC registered athletes. Competitors may register with the NPC the day of the show (\$100.00). All teen competitors, including bikini and physique, athletes must be at least 16 years of age, no exceptions. Proof of age (i.e. Birth Certificate copy) must accompany any Junior, Teen or Masters (Men or Women) entries. There are no residency restrictions. **Entrant may not enter more than one class with the exception of Mixed Pairs, Fitness or Figure.**

TESTING: There will be a random selection of competitors for polygraph testing the morning of the show. Testing will be for steroid use 24 months prior to and including the date of this contest. All competitors must agree to taking the test, those registering a positive result will be disqualified.

ENTRY FEE: \$75.00 Mixed Pairs are free if both parties are entered in another division, otherwise \$75.00. Junior Fitness \$35. **Contestants may enter only one division (with the exception of Mixed Pairs, Fitness or Figure).** If entering both Fitness and Figure, separate entry fees are required. Cashier check or money order preferred, made payable to Bohm Productions, PMB 124, 8002 NE Hwy 99, Vancouver, WA 98665.

DEADLINE: For entry forms and fee – March 24, 2012. Late Entries \$125. **NO EXCEPTIONS.**

AWARDS: Trophies will be awarded to the top five place winners in each class. Overall Open Men, Open Women, Masters Men and Men's and Women's Physique will be awarded decorative swords. Overall Figure, Fitness, and Bikini and Novice Men will be awarded Neils Anderson Statues. **A team Award of \$1000 will be given to the team with the most entries from one club or organization.**

JUDGING: All competitors will follow NPC rules, guidelines and mandatory poses. The mandatory Bodybuilding poses are as follows: Front double bicep, front lat spread, side chest - your choice of sides, back double bicep, back lat spread, side tricep - your choice of sides, front abdominal with leg extended forward arms over head. One minute posing routines will only be performed at the night show finals. Moon poses are prohibited. If time dictates, only the Top 5 in each class will perform their routines at the Finals.

MUSIC: Must be recorded on a CD, free of static and other distortions. Music must have only your allotted time for music on it – all bodybuilding and women's physique competitors have 60 seconds, fitness competitors have up to 2 min (90 sec for Junior Fitness). Music must start at the beginning of the CD. We reserve the right to refuse CD's not meeting these standards. Obscene lyrics in the music will result in disqualification.

TANNING: The official tanning sponsor will be Northwest Competition Color, featuring a team of SIX tanning artists including. To reserve a personal tanning time, contact them at www.nwcctan.com or text or call 360-791-3558 with questions or concerns.

CHECK-IN / WEIGH-IN: Competitors check-in/weigh-in Friday March 30th from 5:00PM to 7:00pm, late check-in/weigh-in Mar 31st, 7:30am SHARP at Skyview High School for both. Competitors' meeting at 8:30am. Prejudging 9:00am. Late contestants for the preliminary lineup will not be allowed to compete. Evening show, all competitors 6:00PM. There will be a FREE posing rehearsal for all Fitness/Figure/Bikini competitors at 7:00PM Friday, 30 March on stage at Skyview following Check-in. IFBB Pro Tanji Johnson will conduct this rehearsal with IFBB Pro Judge Sandy Williamson.

PREJUDGING: Starts at 9:00AM in the following order – Women's Junior Fitness, Women's Fitness (Fitness Round), Teen Men, Over 35 Women, Over 40 Men, and Over 50 Men, Women's Figure (2pc Swimsuit), Over 35 Figure, Over 40 Figure, Over 50 Figure (2pc Swimsuit), Women's Fitness (2pc Swimsuit), Women's Physique, Novice Men (Light, Middle, Heavy), Mixed Pairs, Open Women, Open Men (Bantam, Light, Middle, Light Heavy, Heavy).

BIKINI AND MEN'S PHYSIQUE JUDGING & FINALS will be held immediately following the regular Prejudging.

TICKETS: Finals, **ON SALE 1/1/12**, \$35 VIP (limited seats, first 10 rows front/center) \$25, (reserved seating). Prejudging - \$15, General Admission. All tickets subject to service charges. Finals tickets available thru Bohm Productions and Tickets West 1-800-992-TIXX.

SCORES: Copies of competitors score sheets will be available to each competitor at the night show, after their class is finished.

IMPORTANT NOTE: No class changes allowed at check-in. No spray on oils (Pam or similar products) will be allowed at this event. Body coloring should be applied before you arrive.

Official Contest Entry Form · Entry Deadline March 24, 2012

Name _____ Age _____ E Mail Address _____

Address _____ City _____ State _____ Zip _____ Phone _____

Occupation _____ Titles and/or Hobbies _____

Team/Club/Gym Name that you represent _____

In consideration of accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors or administrators. Wave any and all rights and claim for damages I may have against Bohm Productions, Frank Bohm, Tanji Johnson, Tanji Enterprises, The National Physique Committee of the USA, The Vancouver School District, there agents and representatives for any and all injuries suffered in connection with the Vancouver USA Natural 2012 Bodybuilding and Physique Championships and Tanji Johnson Fitness, Figure and Bikini Classic and in traveling to and from them. Further, I agree to hold harmless and wave and release all photo rights for media (TV, magazine and newspaper) to Bohm Productions for the purpose of promoting the sport through the sale of video's and photos and any network, cable or local TV airing.

Contestant's Signature _____ Guardian's Signature (if under 18) _____

___ **Teen Men**

Bodybuilding Novice men

___ Light Wt. (165¼ lbs. & under)
___ Middle Wt. (187¼ lbs. & under)
___ Light Heavy Wt. (Over 187¼ lbs.)

___ **Over 35 Bodybuilding Women**

___ **Over 40 Bodybuilding Men**
___ **Over 50 Bodybuilding Men**

Women's Physique

___ Height
(Division will be divided depending on entries)

Open Bodybuilding women

___ Weight
(Division will be divided depending on entries)

Open men

___ Bantam Wt. (143¼ lbs. & under)
___ Light Wt. (154¼ lbs. & under)
___ Middle Wt. (176¼ lbs. & under)
___ Light Heavy Wt. (198¼ lbs. & under)
___ Heavy Wt. (Over 198¼ lbs.)

___ **Mixed Pairs**

(Partner's Name)

Women's Figure

___ 5'1" & under
___ 5'2½" & under
___ 5'4" & under
___ 5'5½" & under
___ 5'7" & under
___ Over 5'7"

Figure Masters

___ Over 35
___ Over 40
___ Over 50

Women's Fitness

___ 5'3" & under
___ Over 5'3"

Masters Fitness

___ Over 35

Junior Fitness

___ 6 – 9yr
___ 10 – 13yr
___ 14 – 16yr

Bikini

___ 5'2" & under
___ 5'4" & under
___ 5'6" & under
___ Over 5'6"

Masters Bikini

___ Over 35
___ Over 40

Men's Physique

___ 5'8" & under
___ 6'0" & under
___ Over 6'0"
___ Over 35
___ Over 40

\$75 Single or \$75 Mixed Pairs or \$35 Junior Fitness - MUST ACCOMPANY ENTRY
BOHM PRODUCTIONS – PMB 124, 8002 NE Hwy 99, Vancouver, WA 98665
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